The Food we Eat



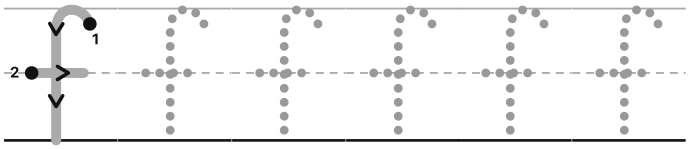
Class 1 Mridang · Chapter 7 worksheet

Food words, first sounds and claps

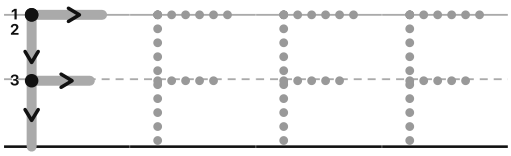
Name _____ **Date** _____

Ask a grown-up to read each question to you. Use a pencil.

1 Trace the small letter f. Say f, f, food.



2 Trace the capital letter F, as in Food.



3 Trace the small letter m. Say m, m, milk.



4 Say food, milk, fish and mango. Write the first letter of each word.

☐ood, ☐ilk, ☐ish, ☐ango

5 Circle the things we can eat.

1 

2 

3 

4 

5 

6 

6 Join each picture to its word.

1 	●	●	A **banana**
2 	●	●	B **apple**
3 	●	●	C **cow**

7 Say each name and clap. Circle the ones with two claps.

1 

2 

3 

4 

8 Read: *These are 3 mangoes.* Circle the right picture.

1 

2 

3 

9 Riddle: I am red and round. I grow on a tree. Circle me.

1 

2 

3 

4 

10 Draw your family's special dish. Tell a grown-up its name.

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Answer key for grown-ups

The Food we Eat · Class 1 · Mridang · Chapter 7. Check together and praise the effort, not only the answer.

1. Trace the small letter f. Say f, f, food.
   Check that the tracing follows the dots.

2. Trace the capital letter F, as in Food.
   Check that the tracing follows the dots.

3. Trace the small letter m. Say m, m, milk.
   Check that the tracing follows the dots.

4. Say food, milk, fish and mango. Write the first letter of each word.
   food, milk, fish, mango

5. Circle the things we can eat.
   Circle pictures 1, 3 and 5.

6. Join each picture to its word.
   1 → C, 2 → A, 3 → B

7. Say each name and clap. Circle the ones with two claps.
   Circle pictures 1 and 4.

8. Read: *These are 3 mangoes.* Circle the right picture.
   Circle picture 2.

9. Riddle: I am red and round. I grow on a tree. Circle me.
   Circle picture 2.

10. Draw your family's special dish. Tell a grown-up its name.
    Any dish from home, with its name said aloud.

What your child practised

- Naming foods and meals in English, and saying what is in a lunch box.
- Sharing food, saying **thank you**, and knowing where food comes from: farmers, cows and bees.
- Hearing the **first sound** of a word, and writing the letters **f** and **m**.
- Clapping the parts of a word: *fish* has one clap, *lad-doo* has two.
- Reading short words and sentences: *This is a mango. These are 3 mangoes.*